



YOUR VOICE, YOUR HEALTH: A KIDNEY COMMUNITY NEWSLETTER

BROUGHT TO YOU BY THE KIDNEY PATIENT ADVISORY COUNCIL OF THE FORUM OF ESRD NETWORKS

THE BIGGEST CHANGE IN IN-CENTER DIALYSIS IN DECADES?

**By Forum Members
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As a person who has lived with dialysis for many years, I am excited to see two new treatment options finally coming to in-center hemodialysis. But I'm approaching them with curiosity and caution. What do they mean for patients, and who will benefit? The KPAC will continue sharing more information in the weeks and months ahead.

Standard dialysis is great at cleaning small waste products out of your blood. However, your body also makes larger waste products called "middle molecules." Standard dialysis struggles to remove these. Newer therapies like hemodiafiltration

(HDF) and expanded hemodialysis (HDx) are designed to solve this exact problem. They act like a stronger filter, doing a much better job of removing these larger molecules. By getting rid of more waste, these new treatments hope to improve how you feel every day and help you live a longer, healthier life.

We already have some positive research that this works. A major recent study called the CONVINCe trial looked closely at HDF. The results were highly encouraging. The study showed that people who received HDF had a lower risk of death compared to those getting



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standard dialysis. This is a huge milestone! At the same time, medical researchers are doing ongoing studies to see if HDx provides the same benefits or even different advantages.

These exciting treatments are starting to roll out across the United States right now. Because it takes a lot of care and time to roll out newer medical treatments, it will take some time before these therapies are widely available. In addition, there is still much to learn about these therapies and who will benefit from them the most.

Please know that you are not alone while we make this transition. The Forum's main goal is to make sure that all patients living on dialysis receive the highest quality of treatment. We are deeply committed to making sure that every single patient gets fair and equal access to any beneficial therapies and will continue to support the KPAC in keeping everyone informed.

Missed our summer webinar series? Listen to the recordings at <https://tinyurl.com/2026KPACWebinars>

In Memory of William Senior, III



KPAC member William (Bill) Senior, III, passed away on May 20, 2026. In addition to representing ESRD Network 3 on the KPAC, Bill was a valued member of the Forum's Finance Committee. He also served with the Dialysis Patient Citizens group, annually advocating for ESRD patient issues on Capitol Hill. Bill was an advisor on the Dialysis Geriatric Care Model Study sponsored by Duke University. He will be greatly missed by all who had the pleasure of knowing him.